


May 9<sup>th</sup> thru May 15<sup>th</sup>

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>							
	<ul style="list-style-type: none"> <li>● Oatmeal</li> <li>● Eggs to Order</li> <li>● Waffle Station</li> <li>● Bacon &amp; Sausage</li> <li>● Fresh Cut Fruit</li> </ul>	<ul style="list-style-type: none"> <li>● Grits</li> <li>● Eggs to Order</li> <li>● Waffle Station</li> <li>● Bacon &amp; Sausage</li> <li>● Fresh Cut Fruit</li> </ul>	<ul style="list-style-type: none"> <li>● Oatmeal</li> <li>● Scrambled Eggs</li> <li>● Chocolate Chip Pancakes</li> <li>● Bacon</li> <li>● Home Fries</li> </ul>	<ul style="list-style-type: none"> <li>● Grits</li> <li>● Scrambled Eggs</li> <li>● French Toast</li> <li>● Sausage Link</li> <li>● Potato Frittes</li> </ul>	<ul style="list-style-type: none"> <li>● Oatmeal</li> <li>● Scrambled Eggs</li> <li>● Biscuits &amp; Gravy</li> <li>● Grilled Sausage</li> <li>● Potatoes O'Brien</li> </ul>	<ul style="list-style-type: none"> <li>● Grits</li> <li>● Scrambled Eggs</li> <li>● Pancakes</li> <li>● Grilled Ham</li> <li>● Home Fries</li> </ul>	<ul style="list-style-type: none"> <li>● Oatmeal</li> <li>● Scrambled Eggs</li> <li>● Breakfast Casserole</li> <li>● Bacon</li> <li>● Hash Browns</li> </ul>
<b>Daily Specials</b>							
	● Pickled Beet Salad	● Vinaigrette Coleslaw	● Marinated Mushroom & Artichoke Salad	● Endive & Roma Tomato Salad with Basil & Black Olive Vinaigrette	● Strawberry Spinach Salad	● New Potato Salad with Fresh Dill	● Dill Cucumber Salad
	● Sharp Cheddar	● Roast Beef Pocket	● Provolone	● Cream Cheese & Ham Spread	● Corned Beef	● Smoked Cheddar	● Seafood Salad
 Vegetarian Soup	<ul style="list-style-type: none"> <li>● Tomato Soup</li> <li>● Garden Vegetable Soup</li> </ul>	<ul style="list-style-type: none"> <li>● Beef Barley Soup</li> <li>● Kale Soup</li> </ul>	<ul style="list-style-type: none"> <li>● Chicken &amp; Rice Soup</li> <li>● Artichoke, Leek &amp; Roasted Pepper Soup</li> </ul>	<ul style="list-style-type: none"> <li>● Italian Wedding Soup</li> <li>● Lemon, Spinach &amp; White Bean Soup</li> </ul>	<ul style="list-style-type: none"> <li>● Beef Chili</li> <li>● Corn Chowder Soup</li> </ul>	<ul style="list-style-type: none"> <li>● Seafood Gumbo</li> <li>● Vegetable Gumbo</li> </ul>	<ul style="list-style-type: none"> <li>● Manhattan Clam Chowder</li> <li>● Spicy Carrot Soup</li> </ul>
<b>Lunch</b>							
	<b>BRUNCH</b> <ul style="list-style-type: none"> <li>● Scrambled Eggs</li> <li>● Crispy Bacon</li> <li>● Grilled Cheese Sandwich</li> <li>● Chicken Strips</li> <li>● Tater Tots</li> <li>● Sautéed Zucchini</li> </ul>	<b>BRUNCH</b> <ul style="list-style-type: none"> <li>● Cheesy Eggs</li> <li>● Grilled Sausage Links</li> <li>● Cheese Ravioli</li> <li>● Gourmet Cheeseburgers</li> <li>● Cheese Ravioli</li> <li>● Steamed Cauliflower</li> </ul>	<ul style="list-style-type: none"> <li>● Chicken &amp; Shrimp Paella</li> <li>● Deluxe Sage Burger</li> <li>● Ranch Potatoes</li> <li>● Grilled Vegetables</li> <li>● Steamed Peas</li> </ul>	<ul style="list-style-type: none"> <li>● Lasagna</li> <li>● Chicken Parmesan</li> <li>● Baked Potatoes</li> <li>● Oven Roasted Roma Tomato with Extra Virgin Olive Oil, Garlic &amp; Fresh Basil</li> <li>● Fresh Green Beans</li> </ul>	<ul style="list-style-type: none"> <li>● Beef Soft Tacos</li> <li>● Chicken Pot Pie</li> <li>● Spanish Rice</li> <li>● Cauliflower &amp; Broccoli</li> <li>● Corn &amp; Red Peppers</li> </ul>	<ul style="list-style-type: none"> <li>● Spaghetti &amp; Meatballs</li> <li>● Baked Louisiana Chicken</li> <li>● Jambalaya</li> <li>● Red Beans &amp; Rice</li> <li>● Broccoli</li> <li>● Grilled Yellow Squash &amp; Zucchini</li> </ul>	<ul style="list-style-type: none"> <li>● Assorted Pizza</li> <li>● Broiled Lemon Herb Sole</li> <li>● Baked Potatoes</li> <li>● Toppings Bar</li> <li>● Glazed Carrots</li> <li>● Fresh Vegetable Medley</li> </ul>
	● Assorted Cookies	● Caramel Brownies	● Chocolate Chip Cake	● Pound Cake with Berries	● Cheesecake	● Bread Pudding	● Apple Cobbler
<b>Dinner</b>							
	<ul style="list-style-type: none"> <li>● Southern Fried Chicken</li> <li>● Macaroni &amp; Cheese</li> <li>● Grilled Kielbasa</li> <li>● Green Peas</li> <li>● Corn</li> </ul>	<ul style="list-style-type: none"> <li>● Carved Roast Beef</li> <li>● Grilled Chicken</li> <li>● Mashed Potatoes</li> <li>● Peas &amp; Mushrooms</li> <li>● Green Beans</li> </ul>	<ul style="list-style-type: none"> <li>● Swiss Steak</li> <li>● Lemon Herb Tilapia</li> <li>● Potatoes Au Gratin</li> <li>● Mixed Vegetables</li> <li>● Glazed Carrots</li> </ul>	<ul style="list-style-type: none"> <li>● Cavatelli with Sausage</li> <li>● New World Primavera with Sun-dried Tomatoes</li> <li>● Garlic Toast</li> <li>● Broiled Tomatoes</li> <li>● Mixed Vegetables</li> </ul>	<ul style="list-style-type: none"> <li>● Grilled Pork Chops</li> <li>● Turkey Corn Dogs</li> <li>● Rosemary Fries</li> <li>● Lemon Broccoli</li> <li>● Peas &amp; Carrots</li> </ul>	<ul style="list-style-type: none"> <li>● Shrimp Creole</li> <li>● Cajun Spiced Tilapia</li> <li>● Dirty Rice</li> <li>● Stewed Tomatoes</li> <li>● Fresh Broccoli</li> </ul>	<ul style="list-style-type: none"> <li>● Chicken Milanese</li> <li>● Eggplant Parmesan</li> <li>● Mashed Potatoes</li> <li>● Asparagus</li> <li>● Sautéed Mushrooms</li> </ul>
	● Assorted Cookies	● Caramel Brownies	● Chocolate Chip Cake	● Pound Cake with Berries	● Cheesecake	● Bread Pudding	● Apple Cobbler

The following menu is based on a 4-week Master Cycle Menu, whose Spotlight dot colors have been reviewed for accuracy by SAGE's Registered Dietitian. The Master Cycle Menu is available through your Food Service Director.